



# ROCKY MOUNTAIN GASTROENTEROLOGY

## DIABETIC MEDICATION INSTRUCTIONS

### For Outpatient Procedures

***It is important to keep your blood sugar controlled when you are having an outpatient procedure.***

*These are general guidelines, so please call your healthcare provider who manages your diabetes for questions.*

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- ➔ Check your blood sugar continuously throughout the preparation day, at bedtime of the preparation day, and the morning of the procedure.
  - ➔ If your blood sugar is less than 60, you may take a glucose tablet and/or call your health care provider for directives.

### **INSULIN & ORAL CONTROLLED DIABETES:**

#### **THE DAY BEFORE YOUR PROCEDURE:**

- Take your medications as usual.
- Be sure to drink all the clear liquids necessary to maintain your blood sugar

#### **THE EVENING BEFORE YOUR PROCEDURE:**

- **Oral Medications:** continue usual dosage until midnight
- **Insulin:** take half of your usual amount of evening insulin

#### **THE MORNING OF YOUR PROCEDURE:**

- **Oral Medications & Insulin:** Do not take any pills or insulin the day of your procedure
- **Insulin pump:** Discontinue the bolus function 4 hours prior to your arrival time.  
If your blood sugar is in an acceptable range, decrease the basal function to 50% of your normal rate.