



DIABETIC & WEIGHT LOSS MEDICATION INFORMATION

FOR PATIENTS WITH DIABETES CONTROLLED BY INSULIN OR ORAL MEDICATIONS

We recommend using sugar-free liquid for your bowel preparation. Options include Gatorade Zero, Propel & Crystal Light.

It is important to keep your blood sugar controlled when you are preparing for your procedure. Below are general recommendations for peri-operative diabetes management. Please call your healthcare provider who manages your diabetes with additional questions regarding diabetes medication.

Check your blood sugar regularly throughout the prep process, including bedtime **AND** the morning of your procedure. If your blood sugar is less than 60, you may take a glucose tablet and/or call your health care provider who prescribes your diabetes medication for further instructions.



The day before your procedure:

- * Take your oral medications as usual.
- * Be sure to drink any clear liquids necessary to maintain your blood sugar.
- * Insulin: If you take insulin with meals: you should skip the insulin you would usually take with meals.



The evening before your procedure:

- * **Oral medications:** continue usual dosage until midnight.
- * **Insulin:** If you usually take long-acting insulin in the evening (e.g. lantus or glargine), you may take your usual dose of long-acting insulin in the evening before your procedure.



The morning of your procedure:

- * **Oral medications:** Do not take any diabetes pills on the day of your procedure.
- * **Insulin:** If you usually take long-acting insulin in the morning (e.g. lantus or glargine), please take between one-third and one-half of your usual morning dose.



Insulin Pump:

- * Discontinue BOLUS insulin dosing on the day prior to the procedure and on the day of the procedure. Continue BASAL insulin infusion rate throughout the preparation process and on the procedure day.

FOR PATIENTS TAKING THE FOLLOWING MEDICATIONS

<i>Generic Name</i>	<i>Trade Name</i>	<i>Dosing</i>	<i>Instructions</i>
Dulaglutide	Trulicity	Weekly	<i>STOP TAKING 1 WEEK PRIOR TO PROCEDURE</i>
Exenatide (ext. release)	Bydureon BCise	Weekly	<i>STOP TAKING 1 WEEK PRIOR TO PROCEDURE</i>
Exenatide	Byetta	Daily	<i>STOP TAKING 2 DAYS PRIOR TO PROCEDURE</i>
Liraglutide	Victoza, Saxenda	Daily	<i>STOP TAKING 2 DAYS PRIOR TO PROCEDURE</i>
Lixisenatide	Adiyyxin	Daily	<i>STOP TAKING 2 DAYS PRIOR TO PROCEDURE</i>
Phentermine	Adipex-p, Lomaira	Daily	<i>STOP TAKING 1 WEEK PRIOR TO PROCEDURE</i>
Semaglutide	Rybelsus	Daily	<i>STOP TAKING 2 DAYS PRIOR TO PROCEDURE</i>
Semaglutide	Ozempic, Wegovy	Weekly	<i>STOP TAKING 1 WEEK PRIOR TO PROCEDURE</i>
Tirzepatide	Mounjaro	Weekly	<i>STOP TAKING 1 WEEK PRIOR TO PROCEDURE</i>